

1st Annual "A Run in The Park" 5k Fun Run/Walk Saturday, September 19th

5k (3.1 Mile) Fun Run Thru Lake Township Park, This Run will Follow the Bridgman High School Cross Country Course.

Check In Time: 8am

Starting Time: 9am

AGE GROUPS Male and Female

10 & Under	11-14	15-19	20-29	30-39	40-49
50-59	60-69	70 & Over			

Participation Awards For All Age Divisions

Mail Completed Registration Form to:
Lake Township ~~Park~~ Hall

Bridgman, MI 49106
Make Checks Payable To: Lake Township Park

Registration Form

First/Last Name: _____

Address: _____

City/State/Zip _____

Phone: _____ Age: _____

Cost: \$15 Per Person

In Consideration of acceptance of this entry, I the undersigned, intending to be legally bound, hereby, for myself, my heirs, executors, and administrators, waive and release any and all rights and claims for damages I may have against Lake Township, their representatives, successors and assigns for any and all injuries or illnesses which may result directly or indirectly from my participation, I further state that I am in proper physical condition to participate in this event.

Signature _____ Date _____